

Dranesville Dispatch

John W. Foust
Dranesville District Supervisor

July 2013:

Issue 25

Dear Dranesville Resident,

Welcome to the July 2013 issue of the Dranesville Dispatch. I hope that you are enjoying your summer. There is a lot happening in Dranesville, so we have much to report.

I am pleased to report that we have made progress in addressing the need for commuter parking near the Tysons Silver Line Metro stations. The County has received a proposal for a 711-space commuter parking lot close to the future McLean Station on Rt. 123. The Board of Supervisors will take action on this proposal at its July 30 meeting. If approved, the operator expects to have the parking available when the Silver Line Metro begins operation. I continue to work on identifying additional commuter parking opportunities near the Tysons Metro stations. Please see the article inside for more details.

There is other good news. There are several completed and in-progress transportation projects in the Dranesville District that address congestion and traffic calming and benefit bicyclists and pedestrians. Recently, we held the groundbreaking for a Fairfax County Park Authority project to upgrade two existing rectangular fields in Lewinsville Park with new synthetic turf and lighting. Also, work will soon begin on a major addition to the Spring Hill RECenter that will include a gymnasium, indoor walking track and fitness center. Details on all of these projects can be found inside this issue.

You may also read more about the draft version of the McLean Central Park Master Plan. The draft plan will be presented to the Park Authority Board for action after consideration of comments from the public.

In this edition, I am pleased to recognize several Dranesville residents for outstanding achievements. In particular, I want to acknowledge the service of Kevin Fay who recently resigned from the Park Authority Board after serving ten years representing the Dranesville District. Read details in this issue about Kevin and some of our other amazing local volunteers, scholars and athletes.

It is an honor to serve you. As always, I welcome your thoughts on how to best serve the Dranesville community. Please feel free to contact my office with your suggestions and concerns.

Best Wishes, John W. Foust Dranesville District Supervisor

Dranesville News

Tysons Interim Commuter Parking Proposal Submitted to County	4
Airports Authority Issues Notice to Proceed With Silver Line Phase 2	4
Dranesville Park Authority Board Member, Kevin Fay, Steps Down	5
Status of Dranesville District Transportation Projects	
Upcoming Land Use Cases in Dranesville	8
County Program for Illegal Sign Removal Now in Effect	9
September 12 Public Meeting on Spring Hill RECenter Construction Project	9
Public Comment Meeting Held for McLean Central Park Master Plan Revision	10
Dranesville "Aging in Community" Update	
Ground Breaking Held for Playing Field Improvements at Lewinsville Park	
Lewinsville Road Trail Completed Between Scotts Run Road and Windy Hill Road	
Walkway Completed on Powhatan Street in McLean	
Park Authority Completes Trail Connecting Ingleside Avenue and Churchill Road	
Bicycle Way-Finding Signs Installed in McLean	
'McLean Senior Source' Opens at McLean Community Center	
McLean Community Center's 2013-2014 Governing Board Elected	
Fairfax County Park Authority Installs Pimmit Stream Valley Trail Map Signs	17
Photo Gallery	1.0
Herndon's HealthWorks Grand Opening Celebration on June 11	
Mural Presented to Town of Herndon by Council for the Arts of Herndon	
April 22 Earth Day Celebration at Chesterbrook Elementary School	
"Herndon Without Hunger" Event To Help Feed the Hungry	19
Recognitions	
Herndon High School's Robotic Team 116 Competes in International Championship Event	19
Herndon High School Step Team Wins 2013 Youth Step USA National Championship	
Langley's Crew Teams Win State-wide Honors	
Greater Mclean Chamber of Commerce Presents Annual Education Awards	
McLean Rotary Club presents 2013 Youth Service Awards	
Langley High School's Aimee Cho is Virginia High School League's Journalist of Year	
McLean Citizens Association Presents Teen Character Awards	
Announcements	
Police Stress Bicycle & Pedestrian Safety	22
Take Care of Your Pets in the Heat	

Do you know someone who would like to receive the Dranesville Dispatch **Dranesville Happenings?**

Ask them to email their contact information to

dranesville@FairfaxCounty.gov

or

visit us online at www.FairfaxCounty.gov/ dranesville.

Attention Homeowner Associations:

If you are interested in having Supervisor Foust attend vour Homeowner Association or Civic Organization meeting, please contact the Supervisor's scheduler, Patricia Dinkelmeyer, at (703) 356-0551.

Please provide us with the latest contact information for your Association Officers so that we may keep you better informed of events in Dranesville that may impact you and your neighborhood.

Call (703) 356-0551 or email Julie Ide at Julie.Ide@FairfaxCounty.gov with your latest information.

703-471-5076

Who's Who at the **Dranesville District Office**

Jane Edmondson Chief of Staff, Budget, Tax and Bond Issues, Parks, Athletic Fields, Sound Walls

Patti Dinkelmeyer Office Manager, Supervisor's Schedule, Road Maintenance, Utilities

Julie Ide Communications, Transportation Improvements (Road & Pedestrian), Rt. 7 Widening,

Trail/Sidewalk Waivers

Donna Keefe Code Compliance, Traffic Calming, Public Safety, Animal Control Jenny Phipps Herndon Issues, Human Services, School Issues, Senior Issues

Ben Wiles Land Use, Zoning, Capital Facilities, Dulles Rail, Tysons Corner Development,

Stormwater

Herndon Office

Our office in the Town of Herndon is dedicated to serving constituents in the western-most part of Dranesville. Staff Aide, **Jenny Phipps**, is available specifically to assist Herndon area constituents.

> Jennifer.Phipps@fairfaxcounty.gov Email:

> > Phone:

Office Hours: Tuesday: 10 am to 3 pm

Wednesday: 11 am to 4 pm Thursday: 12 pm to 5 pm Friday: 10 am to 3 pm Or by appointment.

703-437-3210 Fax:

Tysons Interim Commuter Parking Proposal Submitted to County *Action in Response to 2010 Board Motion by Supervisor Foust*

The first proposal for a commuter parking lot in proximity to a Tysons Metrorail station has been submitted to the County. The 711-space surface parking lot would be located next to the McLean Station, at Dolley Madison Boulevard between Anderson Road and Colshire Boulevard. The existing vacant building on the lot would be razed.

The proposal, submitted by Cityline Partners, is in response to a Request for Interest (RFI) the Board of Supervisors released in November 2013. The RFI advances a follow-on motion to the Tysons Comprehensive Plan, presented by Supervisor Foust in 2010, and adopted by the Board that calls on County planners to identify commuter parking opportunities for the next 10-15 years in Tysons. The RFI allows interested developers to construct privately-run commuter lots in Tysons.

"This proposal is exactly what Dranesville residents need and have been calling for" said Supervisor Foust. "I look forward to additional proposals at our other stations."

The Board of Supervisors will take action on the proposal during its July 30 meeting.

Airports Authority Issues Notice to Proceed With Silver Line Phase 2 Design/Build package scheduled to be completed July 2018

On July 8, the Metropolitan Washington Airports Authority issued a Notice to Proceed to Capital Rail Constructors, a joint venture of Clark Construction Group and Kiewit Infrastructure South, to begin construction of Phase 2 of the Dulles Corridor Metrorail Project.

"This is an important milestone," said Airports Authority President and CEO Jack Potter. "The Notice to Proceed allows Capital Rail Constructors to get to work making rail to Dulles a reality. This means crews will soon be in the field surveying, performing site preparations and making geological assessments while they finalize permits and other design work. Actual construction work using heavy equipment and cranes will likely begin in spring of 2014."

The Notice to Proceed initiates the contract, previously awarded to Capital Rail Constructors on May 14, for construction of six stations in Fairfax and Loudoun counties, 11.4 miles of track and guideways and wayside components. The stations are Reston Town Center, Herndon, Innovation Center near Route 28, Washington Dulles International Airport, Route 606 and Route 772/Ashburn. The notice sets a construction completion period of 60 months, targeting completion in July 2018.

"Ten years ago rail to Dulles and beyond was still just a hopeful idea," said Airports Authority Chairman Michael Curto. "Today it is on its way to becoming a reality as we formally initiate Phase 2 of rail to Dulles. There is still much work to be done on both Phase 1 and Phase 2, but this Notice to Proceed represents an important milestone toward increased transportation connectivity for the region."

The announcement comes as the Airports Authority and its Phase 1 contractor Dulles Transit Partners are 94 percent complete with construction of Phase 1 of the Silver Line from East Falls Church, through Tysons Corner, to Wiehle Avenue on the eastern side of Reston. Phase 1 will have five stations, including four in the Tysons Corner area.

"Capital Rail Constructors is excited to receive the Notice to Proceed on the Rail to Dulles - Phase 2 project, which is one of the largest infrastructure projects in the nation," said Capital Rail Constructors Project Director Mahmoud Hosseini. "We look forward to working closely with MWAA, its funding partners and WMATA to deliver this monumental project to the Washington metropolitan area. This project will have important long term economic impact on the community and the region through the creation of significant employment and local business opportunities."

Like Phase 1, construction of Phase 2 is expected to have significant positive impacts on the local economy. Phase 1 generated as many as 1,800 construction jobs during peak periods. In addition, 60 percent of all procurements for the project were with subcontractors based in the metropolitan Washington, D.C. region.

The Silver Line project is being undertaken in partnership with Loudoun and Fairfax counties, the Commonwealth of Virginia and the U.S. Department of Transportation.

Dranesville Park Authority Board Member, Kevin Fay, Steps Down

After ten years of service, the Dranesville representative on the Fairfax County Park Authority (FCPA) Board, Kevin Fay, is stepping down because of work demands requiring international travel. Mr. Fay was appointed to the FCPA Board in 2003 by then-Supervisor Stuart Mendelsohn.

Among the efforts Mr. Fay contributed to during his tenure with the Park Authority Board were increasing the amounts of park-bond referendums, purchasing a conservation easement on land at the historic Salona property, creating the handicapped-accessible Clemyjontri Park on Georgetown Pike, revised master planning of several Dranesville Parks, building equestrian facilities and an astronomical observatory in Turner Farm Park in Great Falls, and creating the Cross County Trail. He also contributed to Tysons's urban park standard and to constructing numerous athletic fields in Dranesville.

"We were very lucky to have such a dedicated partner in Kevin. I wish him the best in his future endeavors," said Supervisor Foust.



Kevin Fay, outgoing Fairfax County Park Authority Board representative for the Dranesville District.

Status of Dranesville District Transportation Projects

Road side construction projects seem to be a permanent condition in the Dranesville District. Although some of these projects have caused temporary inconveniences, when completed we will all benefit from an assortment of projects that include new walkways and trails, intersections revamped for pedestrian access and refurbished bridges.

Please see the following lists itemizing work now underway or recently completed by Fairfax County and Virginia Departments of Transportation (VDOT). The table on the next page lists projects underway along with their estimated completion dates and funding sources. The following page lists recently finished projects. Funding sources for projects include voter-approved County Transportation Bonds, the County's Commercial and Industrial Tax (C&I), Virginia Enhancement Grants, the federal Regional Surface Transportation Program (RSTP) and VDOT funds.



In addition, this fall the County Board of Supervisors will approve a funding plan for several other projects, utilizing two additional revenue sources: the Tysons Service District approved by the Board of Supervisors in January of this year, and the Virginia State Transportation Plan, passed by the Virginia General Assembly this past spring.

(Note: These lists do not include transportation projects in the Town of Herndon which are planned, approved and funded by the Town.)

(Continued on page 6)

(Continued from page 5)

Dranesville Transportation Projects in Progress

Dranesvine Transportation Projects in Progress			
Project Description	Estimated Complete	Funding	
Beach Mill Road Bridge over Nichols Branch—Refurbish.	Sep 2013	VDOT	
Old Dominion Drive at Bellview Road - Install blinking lights both directions to warn of intersection ahead.	Jul 2013	VDOT	
Birch Street walkway - West side from Grove Avenue to City of Falls Church. (Pending final acquisition of land rights.)	Dec 2014	C&I	
Chain Bridge and Old Dominion - Signal masthead replacement. Project includes extending Listrani's peninsula for safer pedestrian crossing.	Fall 2013	VDOT	
Chain Bridge and Old Dominion - Streetscape project.	Dec 2015	Grant	
Chain Bridge Road Walkway - Great Falls Street/Lewinsville to Anderson Road.	Schedule to be determined.	RSTP	
Dead Run Drive walkway - South side from Carper Street to Congress Lane. (Pending final approval by the community.)	Schedule to be determined.	C&I	
Dolley Madison and Churchill Road - Pedestrian signals and crosswalks.	Nov 2013	C&I	
Georgetown Pike Walkway (Phase II) - North side between Utterback Store Road and Falls Manor Court.	Fall 2014	Grant	
Lewinsville Road - Walkway on south side between Snow Meadow Lane and Elsinore Avenue.	Dec 2013	C&I	
Old Dominion at Holmes Place—Install median and McLean gateway sign.	Schedule to be determined.	Grant	
Route 7 and Baron Cameron/Springvale. Pedestrian signals and crosswalks.	Dec 2013	C&I	
Route 7 and Colvin Run Road - Pedestrian signal and crosswalk.	April 2014	C&I	
Route 7 and Lewinsville Road - Pedestrian signals and crosswalks.	Dec 2013	BOND	
Route 7 and Towlston Road - Add left turn lane north-bound Towlston Road to west-bound Route 7.	Nov 2014	BOND	
Route 7 Widening from Reston Avenue to Rolling Holly Drive and extend turn lane at Georgetown Pike.	Dec 2015	VDOT	
Towlston Road Bridge over Rocky Run—Refurbish.	Sep 2014	VDOT	
Walker Road south of Georgetown Pike - "Road Diet" narrowing roads to slow traffic. Add right turn and left turn lanes into shopping centers on west and east side of Walker. Add crosswalk. Add right turn lane into Columbine Street from Walker and Left lane from north-bound Walker.	Dec 2013	C&I	
Westmoreland at Haycock Road - Construct south bound right turn lane and sidewalk.	Sep 2013	C&I	
Westmoreland at Old Chesterbrook Road and Dillon - Realign intersection and extend culvert crossing, install portion of sidewalk.	Sep 2014	BOND plus C&I	

(Continued on page 7)

Dranesville Transportation Projects Completed

Project Descriptions (Fairfax County projects unless otherwise noted)

Beulah Road Bridge over Wolf Trap—Refurbish bridge (VDOT)

Beulah Road Bridge over Dulles Toll Road—Refurbish bridge (VDOT)

Chain Bridge and Old Dominion -Undergrounding of utilities

Chain Bridge Road and Tennyson Drive - Pedestrian intersection improvements

Dolley Madison Blvd and Great Falls Street/Lewinsville Road - Pedestrian intersection improvements

Dolley Madison Blvd at Waverly Way - Extend east-bound left-turn lane

Dulles Toll Road Ramp to Centreville Road /Eldon Street - Add west bound right turn lane on exit ramp.

Georgetown Pike and Balls Hill Road - Pedestrian intersection improvements

Georgetown Pike Phase I: Stonedust trail from Applewood Lane to the Ad Hoc Road

Great Falls Street - Add pedestrian signals and upgrade curb ramps on east leg Great Falls Street from Grande Lane to Haycock Rd.

Ingleside Avenue and Dolley Madison Blvd - restricted turning movements with pylons

Leigh Mill Road Bridge - Refurbish bridge. Structurally deficient.

Lewinsville Road - sidewalk between Altamira and Woodside Drive.

Lewinsville Road and Balls Hill Road - Pedestrian enhancements.

Lewinsville Road Median/Pedestrian Signal/RECenter entrance (County, Park Authority, Public Schools)

Lewinsville Road Walkway - North side from Windy Hill to Scotts Run

McLean Central Business District Bicycle Wayfinding Signs

Old Chesterbrook Road Bridge Over Pimmit Run-Refurbish bridge (VDOT)

Old Dominion Drive and Spring Hill Road - pavement paint to discourage passing on right.

Old Dominion Drive and Whittier Avenue - Pedestrian intersection improvements including median, pedestrian signal and crosswalks.

Old Dominion Drive east of Old Gate Court - Extend shoulder, relocate ditch.

Powhatan Road Walkway - Orland Street to Overbrook Street

Raymond Avenue Walkway - East side from Churchill Road to Capitol View Drive

Route 7 and Dranesville Road - Pedestrian intersection improvements

Route 7 and Magarity Road - Pedestrian intersection improvements

Spring Hill Road - Pedestrian improvements along east side of Spring Hill Road from VFW to Pettit Ct.

Toll Road and Fairfax County Parkway - Redesign intersection and ramps

Trap Road Pedestrian Bridge - New pedestrian bridge beside traffic bridge. (VDOT, Federal Govt.)

Walker Road - Extend full south-bound right turn lane onto Georgetown Pike.

Walker Road - Phase I: 5 foot wide concrete sidewalk north of Village Center to north end of Great Falls Elementary School property.

Westmoreland Street and Bonheim Court - revamp crosswalk (signs and striping), install ADA curb cuts and raised median on the north lane. Restrict some on-street parking.

Westmoreland Street and Lemon Road - revamp crosswalk school pedestrian and install curb cuts Restrict some on-street parking.

Westmoreland Street and Rosemont Drive - revamp crosswalk (school pedestrian signs and striping)

Westmoreland Street and Southridge Drive - install new non-school pedestrian signs, curb ramps and raised median island on north leg, with striping.

Westmoreland Street - Sidewalk from Temple Rodef Shalom to Church.

Westmoreland Street and Poole Lane - replace school pedestrian crossing signs with regular ones and remove vegetation to improve sight distance.

Westmoreland Street at McLean High School - Install Rapid Flash Beacon

Upcoming Land Use Cases in Dranesville

The following land use applications have recently been accepted by Fairfax County for review. The review process includes public hearings before the Planning Commission and the Board of Supervisors.

TD Bank, N.A. (SE 2013-DR-001)

9901 Georgetown Pike, Great Falls

Proposed Special Exception to allow a drive-through, as part of an allowed bank use. The split-zoned parcel

is zoned C6 and C8, and is the former Exxon Gas station. The applicant has been meeting with the Great Falls Citizens Association and adjacent property owners.

Planning Commission hearing: July 18, 2013

Board of Supervisors hearing: Date to be announced

St. Lukes (SEA 85-D-062-03)

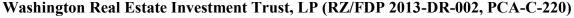
7005 Georgetown Pike, McLean

Proposal to add a nursery school program to a previously approved Special Exception for a private school of education. The nursery school would allow a maximum of 40 three to four-year old students and five employees to utilize existing classroom space. The applicant

has been meeting with the McLean Citizens Association and adjacent property owners.

Planning Commission hearing: Approved July 10, 2013

Board of Supervisors hearing: July 30, 2013



1350 Beverly Road, McLean

Applicant proposes to add 253 multifamily units in four buildings, including 14,500 square feet of ground floor retail to the existing Ashby apartment community in the McLean Community Business Center. The applicant has been meeting with the McLean Citizens Association, the McLean Planning Committee and adjacent property owners.

Planning Commission hearing: Date to be announced Board of Supervisors hearing: Date to be announced

Elm Street Residential, LLP (RZ/FDP 2012-DR-019)

6862 Elm Street, McLean

Proposal to rezone parcel in the Community Business Center from C-3 to Planned Residential Mixed-Use (PRM). Applicant proposes to develop an existing surface parking lot with a 240 multifamily mid-rise and a separate two-story building with up to 8,720 square feet of retail. The existing office building would remain. The applicant has been meeting with the McLean Citizens Association, the McLean Planning Committee and adjacent property owners.

Planning Commission hearing: Date to be announced Board of Supervisors hearing: Date to be announced

For additional Details please visit the Dranesville Land Use website at http://www.fairfaxcounty.gov/dranesville/land_use.htm. Look for announcements of future community meetings relating to applications in the monthly Dranesville Happenings publication found at http://www.fairfaxcounty.gov/dranesville/newsletters.htm. For more information contact Ben Wiles in the office of Supervisor Foust at Benjamin.wiles@FairfaxCounty.gov or call 703-356-0551.



County Program for Illegal Sign Removal Now in Effect

Effective July 1, Fairfax County is removing signs that are illegally on or along selected roads. This includes political campaign signs, advertising signs and more. **Signs will be regularly picked up every week between Tuesday and Thursday** by the **Sheriff's Community Labor Force**. Signs will not be removed based on public complaints. The frequency of removal on a particular street will depend upon available resources.



The County is removing signs to assist the Virginia Department of Transportation—but VDOT is still responsible for maintaining the roads.

What You Should Know:

- Signs will not be removed from neighborhood streets—only selected major roads across the county. (For the list of targeted streets visit http://www.fairfaxcounty.gov/signs/signremovalprogram.htm.) Create or join a VDOT Adopt-a-Highway group to remove signs from neighborhood streets and other roads.
- The clean-up program **does not address signs on private property**. For complaints about signs on private property only, use this <u>online form</u>. Learn more about the rules for <u>signs on private property and other locations</u>.
- Only signs will be removed from roads—not trash or litter.

Contact VDOT about signs that cause a safety hazard on the roads at 1-800-FOR-ROAD, TTY 711, or use VDOT's online form.

After the County removes a sign, it will be stored for five calendar days at the <u>I-66 Transfer Station</u> where it may be reclaimed. Signs will be destroyed after five days. However, VDOT's Adopt-a-Highway groups may collect signs at any time on their designated roads, and they may destroy these signs immediately.

For additional information contact Patti Dinkelmeyer in the office of Supervisor Foust at Patti.Dinkelmeyer@fairfaxcounty.gov.

September 12 Public Meeting on Spring Hill RECenter Construction Project

Supervisor John Foust and the Fairfax County Park Authority will hold a public meeting on September 12 to review plans to renovate and expand the Spring Hill RECenter, located at Spring Hill Road and Lewinsville Road.

Meeting Details:

Thursday, September 12 from 7:00 p.m. to 9:00 p.m. Spring Hill Elementary School Cafeteria 8201 Lewinsville Rd McLean

The construction project, scheduled to begin in September and be completed in January 2015, consists of a new gym with an elevated running track and fitness center, and renovations to locker rooms, bathrooms and offices.

For more information please contact Jane Edmondson in the office of Supervisor Foust at 703-356-0551 or email Jane. Edmondson@FairfaxCounty.gov.





External and internal views of planned gymnasium addition to Spring Hill RECenter

Public Comment Meeting Held for McLean Central Park Master Plan Revision

Approximately 45 residents attended a June 10 meeting to review and offer comments on the draft master plan revision for McLean Central Park. The meeting featured a brief presentation about the site's current conditions and draft master Plan and a moderated public comment session to allow input on the plan. To view the minutes of the meeting and presentation materials visit http://www.fairfaxcounty.gov/parks/PlanDev/Downloads/ McLEAN-CENTRAL-PIM061013-

summary.pdf.

McLean Central Park, located at the intersection of Old Dominion Drive and Dolley Madison Boulevard, is a well-established landmark in the heart of McLean. Since the Park Authority's initial land acquisition in 1965, McLean Central Park has offered McLean residents a place to stroll among the trees, open lawns, and along Dead Run Stream. Tennis courts, a basketball court, disc golf course, and two playgrounds serve the active recreational needs of the community. A trail network connects the park with adjacent communities, the Dolley Madison Library, and the McLean Community Center. Jointly sponsored programs in the park strengthen these connections.

After all comments have been considered, the plan is expected to be presented to the Park Authority Board for final consideration and approval.

The draft park master plan is available for review online at: http://www.fairfaxcounty.gov/parks/ plandev/mclean-central.htm or in hard-copy from the Fairfax County Park Authority in the Herrity Building, 12055 Government Center Parkway, Suite 406, Fairfax.

For more information, please contact the Fairfax County Park Authority Public Information Office at 703-324-8662.



Proposed Conceptual Development Plan for McLean Central Park.

Dranesville "Aging in Community" Update of Activities

"Aging in Community" is a national movement whereby communities are exploring ways for seniors to stay in their own homes, or "age in community" and more fully enjoy their senior years. Supervisor Foust and his staff continue to work with community groups in Great Falls, Herndon and McLean to explore concepts and ideas to better understand and meet the needs of seniors in the Dranesville district and facilitate "aging in place". Here is an update on the ongoing Aging in Community efforts in Dranesville:

Great Falls:

The Great Falls "Senior Center Without Walls" continues to provide social interaction and learning programs for Great Fall's seniors. In July, the Center was pleased to sponsor a photography event for about 100 people. The Center is looking for more volunteers to help develop and stage the monthly programs and luncheons. They have 6 committees looking for volunteers for as much or as little time as you have to offer. All ages are welcome. Please contact Joyce Trickett at joygoodshepherd@verizon.net or call 703-887-5772 for information.

Herndon:

The Herndon Senior Center offers robust and interesting programing for seniors in the community. There are many drop-in classes and groups available for Herndon Senior Center members as well as congregate meals. Shopping and charter trips and discussion groups are also planned. In July, a large group of seniors attended Wolf Trap to see the Buddy Holly Story. For more information, please contact the Herndon Senior Center at 703-464-6200 or visit http:// herndonseniorcenter.org/.

The Herndon Village committee meets in July to continue discussion on Herndon's aging in place program. This group is in its infancy now and welcomes all members, regardless of age, to come and assist in formulating Herndon's plan. The group strives to support seniors, ages 55 and over, who live within the Town of Herndon. The Herndon Village will help enable our seniors to age in place, and will strive to enrich their quality of life as well as the lives of the volunteers who help provide them with support. For more information about the Herndon Village, please contact Pat Williams at pat@gracefulcare.com or 703-904-3994.

McLean:

The McLean Senior Source (MSS) opened on May 21 much to the delight of McLean's seniors. For details about MSS please see the article in this edition of the Dranesville Dispatch, describing the May 15 ribbon-cutting event and the origins of MSS. MSS operates Tuesdays through Thursdays, from 10



The McLean Community: "A Village for All Ages" (MCVA) committee has been meeting regularly to discuss the structure and composition of the new Coordinating Council. The Council will consist of representatives from senior-oriented McLean organizations and constituent groups, and will recommend solutions and new programs that respond to needs identified by the McLean Senior Source users and other community members. The MCVA is dedicated to enhancing the livability for residents of all ages.

a.m. to 2 p.m. at the McLean Community Center.

50+ Forums:

Fairfax County Board of Supervisors together with the Fairfax Area Commission on Aging sponsored forums in June and July for Dranesville residents. These forums were to study and get input from the community



Supervisor Foust addresses Herndon *50+ Forum*.

on revisions to the 50+ Action Plan for Fairfax County. The goal of the plan is to create a more livable community for Fairfax County's older residents. Focus

areas include housing and transportation, easy access to services, healthy lifestyles and community engagement. The revised 50+ Action Plan will be presented to the Fairfax County **Board of Supervisors** in September.



Workshop at Herndon 50+ Forum.

For information on Dranesville Aging in Community activities, please contact Jenny Phipps in the Herndon office of Supervisor Foust at (703) 471-5076 or email Jenny.Phipps@FairfaxCounty.gov.

Ground Breaking Held for Playing Field Improvements at Lewinsville Park

On June 12, Fairfax County officials gathered with representatives from the Fairfax County Park Authority, Fairfax County Department of Neighborhood and Community Services, McLean Youth Soccer and the West Lewinsville Heights Citizens Association at Lewinsville Park, to break ground on a project to install two new lighted synthetic turf fields. This project is part of ongoing efforts by Fairfax County to meet the growing need for rectangular fields and address the current field shortage.

The two new synthetic turf fields will replace an aging synthetic turf field and turf an adjacent grass rectangular field. Other improvements include enhancements to the stormwater management system, new lights, asphalt trails, bleacher pads and ADA parking and access.

When Supervisor Foust took office in 2008, there was only one synthetic turf field in the Dranesville District. The completion of these two fields brings the total number to 13, including the stadium fields at each of the high schools in the Dranesville district. A 14th synthetic turf field will be completed next year at the McLean Governmental Center.

When initially proposed, the field project at Lewinsville Park raised many concerns for the park's neighbors. Supervisor Foust worked with representatives of the West Lewinsville Heights Citizens Association, McLean Youth Soccer, the County Department of Public Works and Environmental Services (DPWES) and the Park Authority to address these issues.

"There are many people to thank for this partnership project. County and Park Authority staff, including Neighborhood and Community Services, the County's Stormwater Division, the County Attorney's office and the Park Authority, did outstanding work throughout this challenging process. I also thank McLean Youth Soccer for their efforts to work with the County and the neighbors and the substantial investment they will make in this park. I am also grateful to Steve Sulzer, past-president of the West Lewinsville Heights Citizens Association and

Jack Hannon, current president, who worked successfully to ensure that reasonable safeguards were put in place to protect their community from the impacts of increasing intensity of use at the park," said Supervisor Foust.

Funds for the project come from Park Authority Bond Construction, the Department of Neighborhood and Community Services Mini-grant Program and Partnership Funds from McLean Youth Soccer.

For more information, please contact Jane Edmondson in the office of Supervisor Foust at 703-356-0551 or email Jane.Edmondson@FairfaxCounty.gov.



Pictured in the photo from left to right are Karen Avvisato, NCS; Dave Bowden, director, Planning & Development Division Director, FCPA; Deb Garris, Synthetic Turf Branch Manager, FCPA; Dranesville Supervisor John Foust, Fairfax County Board of Supervisors; Jack Hannon, West Lewinsville Heights Citizen's Association; Bill Gray, McLean Youth Soccer Board; Kevin Fay, Dranesville Representative, Fairfax County Park Authority Board; Peter Freire, Mclean Youth Soccer Board Chairman; and Louise Waxler, Executive Director, McLean Youth Soccer.

Lewinsville Road Trail Completed Between Scotts Run Road and Windy Hill Road

A new section of asphalt trail along Lewinsville Road between Scotts Run and Windy Hill Roads was recently completed. Dranesville District Supervisor John Foust, community leaders and Fairfax County Departments of Transportation and Capital Facilities staff dedicated the new trail at an event held on June 24 at the corner of Scotts Run and Lewinsville Roads.





Images of area before and after walkway construction.

This segment is one of the final missing links needed

for continuous trail along Lewinsville Road between Spring Hill Road and Dolley Madison Blvd. The last missing segment, between Elsinore Avenue and Snow Meadow Lane, is expected to be completed by the end of the year. Trail connectivity on Lewinsville Road is especially important with the pending completion of the Phase I Silver Line Metro stations, expected to open early next year. The new walkway connects Scotts Run Road to the recently completed walkway along the new Lewinsville Road bridge, installed as part of the I-495 Express Lanes project.

Project design engineers overcame the challenge of a deep ditch near the Scotts Run Road terminus. Fill dirt and a new guardrail now provide a seamless connection between the trail and Scotts Run Road.

"I am very pleased to see this project completed. Piece by piece we are putting together safe routes for pedestrians to reach both the McLean and the Spring Hill metro stations," said Supervisor Foust.

For more information, please contact Julie Ide in the office of Supervisor Foust at 703-356-0551 or email Julie.Ide@FairfaxCounty.gov.



Long-time neighbors, Roy and Linda O'Brien enjoying the new trail. Mr. and Ms. O'Brien own a home backing up to the trail and provided the County with a required easement.



Dedicating the trail were Bharat Khanal, Site Inspector, Fairfax County Capital Facilities; Dennis Marsh, Project Engineer, Fairfax County Department of Transportation; Dranesville Supervisor John Foust; and Wade Smith, Dranesville Representative on Fairfax County Trails and Sidewalks Committee.

Walkway Completed on Powhatan Street

Residents in the area of Powhatan Street are now walking safely on a sidewalk recently completed by the Fairfax County Department of Transportation and the Department of Public Works and Environmental Services (DPWES). The concrete trail completed on May 20, is approximately 900 linear feet and runs along the east side of Powhatan Street, between the Powhatan Nursing Home and Overbrook Street, close to the Fairfax County and Arlington County border. Dranesville District Supervisor John Foust, resi-



dents and County staff dedicated the trail on July 18.

Resident and neighbor, Knut Ryerson, had difficulty pushing a stroller with his young son, along Pow-

Mohammed Kadasi, County Capital Facilities Department, Shahla Zahirieh, County Department of Transportation, Supervisor John Foust and Knut Ryerson and daughter Annika, dedicate the new walkway on July 18.

hatan Street. He brought the need for a sidewalk to the attention of the Dranesville District Supervisor's office. Supervisor Foust obtained funding for the project using Commercial and Industrial Tax revenues.

"I'm happy to see the neighborhood using this trail. It's great to have a safe way to walk to nearby shops and parks," said Supervisor Foust.

For more information, please contact Julie Ide in the office of Supervisor Foust at

703-356-0551 or email <u>Julie.Ide@FairfaxCounty.gov</u>.

Powhatan Street before and after walkway installation.



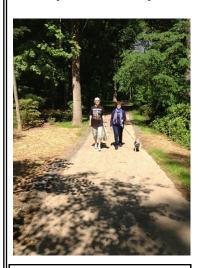
Resident Knut Ryerson walks with daughter Annika on the new sidewalk.





Park Authority Trail Connects
Ingleside Avenue and Churchill Road

Residents are now enjoying a new asphalt trail, connecting Churchill Road to Ingleside Avenue at Baron Road in McLean. Dranesville District Supervisor John Foust, Kevin Fay, Dranesville District representative to the Fairfax County Park Authority Board and Fairfax County Park



Neighbor and trail-advocate, Julie Kerlin strolls down the new trail with her neighbor Nery Alvarez and Nery's dog, Wally.

Authority staff dedicated the new trail at a May 29 event held at the trail's Churchill Road entrance.

The trail, completed in April, is a continuation of an existing trail that begins at McLean Central Park, passes the Dolley Madison Library and McLean Community Center to meet Churchill Road. The new trail continues by following the Dead Run stream north, then veering east to connect to Ingleside Avenue.

The idea for the project was suggested by the Fairfax

County Park Authority (FCPA). It was reinforced in May 2011, when neighbor Julie Kerlin brought a petition signed by 47 residents to the office of Supervisor Foust, asking for an extension of the McLean Central Park - Churchill Road trail. The petition asked for "safe and direct access to the Community Center, Library and all the

assets of the park."



Dranesville Supervisor John Foust; Bill Boston, FCPA Project Manager, Planning and Development Division; Kirk Holley, FCPA Manager, Special Projects Branch, Planning and Development Division; David Bowden, FCPA Director, Planning and Development Division; and Dranesville District representative to the Fairfax County Park Authority Board, Kevin Fay.

Because the trail was located exclusively on parkland and County land, no land acquisition from private property owners was necessary. The FCPA funded trail construction.

For more information, please contact Julie Ide in the office of Supervisor Foust at 703-356-0551 or email <u>Julie.Ide@FairfaxCounty.gov</u>.

Bicycle Way-Finding Signs Installed in McLean Project is First of its Kind in Fairfax County

Dranesville Supervisor John Foust, members of the bicycling community, staff from the Fairfax County Department of Transportation and local businesses and organizations, gathered at the corner of Elm Street and Fleetwood Road on June 20 for the dedication of recently installed bicycle way-finding signs, in and around the central McLean area. The event took place near one of the new signs, directing bicyclists to the McLean Community Center and Dolley Madison Library.

This project is the first of its kind in Fairfax County and involved the installation of approximately 80 signs along recommended bicycle routes in McLean. The signs are green with white lettering and vary in size from smaller "Bike Route" signs with a bicycle logo and a directional arrow, to larger signs with multiple destinations, pointing bicyclists to such locations as McLean Community Center, the Tysons McLean Metro station and the W&OD trail.

In addition to this County project, Marcia Twomey, president of the Greater McLean Chamber of Commerce (GMCC), announced that 15 bicycle racks will be installed in central McLean in the coming months, complements of the GMCC and the McLean business community.

Fairfax County Bicycle Program Coordinator, Charlie



(Pictured from left to right) Kerie Hitt, Fairfax Advocates for Better Bicycling (FABB); Marcia Twomey, President, GMCC; Bruce Wright, Chairman, FAAB; Dranesville Supervisor John Foust; Gregory Fuller, Fairfax County Department of Transportation; Justin Rosen, JBG Companies; Dennis Frew, FABB; Charlie Strunk, Fairfax County Bicycle Program Coordinator; Vanessa Aguayo, Fairfax County Pedestrian and Bicycle Planner; Woody Rogers, McLean area bicyclist; Wade Smith, Dranesville District representative on the Fairfax County Trails and Sidewalks Committee; Alan Young, FABB and Springfield District representative on the Fairfax County Trails and Sidewalks Committee; Bailey Hopple, JBG Companies.

Strunk, led the project's design and installation process, with the assistance of Vanessa Aguayo, Pedestrian and Bicycle Planner. Initial sign locations and wordings were based upon bicycle routes recommended for the McLean area in the County-Wide Bicycle Master Plan and were finalized after input from McLean-area bicyclists.

To address pedestrian and bicycle safety in McLean, shortly after taking office in 2008, Supervisor Foust appointed the Pedestrian Task Force to make recommendations on how to make McLean more accessible for pedestrians and bicyclists. This project addresses one of the recommendations in the Task Force's October 2009 Final Report: to add "Bike Route" signage along numerous roads in Central McLean.

"I want to thank Charlie Strunk and his staff for planning and installing these signs. I also want to thank one of our McLean bicyclists, Dennis Frew, who led the Task Force effort for bicycle safety and was instrumental in providing guidance to staff for this project. I'm excited that McLean was the first area in the County to have the benefit of these signs. Bicycle use is increasing and these signs will be useful to both commuter and recreational bicyclists in the area," said Supervisor Foust.

This project was funded through Fairfax County's Commercial and Industrial Tax revenues.

For more information, please contact Julie Ide in the office of Supervisor Foust at 703-356-0551 or email <u>Julie.Ide@FairfaxCounty.gov</u>.



Charlie Strunk, Fairfax County Bicycle Program Coordinator (rear); presented commemorative signs to (Pictured from left to right) Marcia Twomey, President, GMCC; Dennis Frew, Fairfax Advocates for Better Bicycling (FABB); Dranesville Supervisor John Foust..

'McLean Senior Source' Opens at McLean Community Center with Ribbon Cutting Ceremony

Dranesville Supervisor John Foust's office hosted a gathering of community leaders and residents at a ribbon-cutting ceremony on May 15, celebrating the opening of McLean Community, a Village for all Ages (MCVA)'s **McLean Senior Source**, a resource center that will provide information and help connect older residents and adults with disabilities to existing Fairfax County, faith-based and non-profit resources and services. McLean Senior Source opened its doors for business on May 21.

Speaking at the ceremony were Dranesville District Chief of Staff Jane Edmondson (representing Supervisor Foust), Courtney Nuzzo, Administrator of Lewinsville Retirement Residences and McLean Community Center Executive Director, George Sachs. Renuka Chander, the MCVA Chair, was unable to attend.

McLean Senior Source is a free, non-emergency, volunteer-managed information source. During operating hours, County-trained volunteers connect older residents and adults with disabilities (as well as their families, neighbors, and other caregivers), to existing County, faith-based and non-profit groups and organizations that can respond to their needs. Staff will help residents find information on topics such as daily living situations, education, financial management, health and wellness, housing solutions, transportation and entertainment. Fairfax County Agency on Aging provided training for the Senior Source volunteer staff.

McLean Senior Source is located in the lobby of the McLean Community Center and staffed by volunteers each Tuesday through Thursday from 10:00 a.m. until 2:00 p.m. You can visit the Source in person, by phone at (703) 300-1751 or email McLeanSeniorSource@gmail.com.

The origins of McLean Senior Source date back to October 2011, when Supervisor Foust convened a forum at Capital One head-quarters in Tysons Corner. The focus of the forum was to make McLean a more supportive community, with a focus on the changing needs of older adults. Over 100 community group representatives and interested individuals attended and unequivocally confirmed the need for an initiative to help all residents, regardless of age and ability, who desired to "stay in place," and live independent and active lives. These residents would be supported by a village of services. Forum participants created MCVA as a result of this movement.

Supervisor Foust was unable to attend the ceremony but remarked, "McLean Senior Source will be a valuable community asset for our seniors and adults with disabilities. I'm very excited to see this project get underway and I want to thank Renuka Chander, George Sachs and the McLean Community Center for their tremendous support."

McLean Senior Source is one of two MCVA efforts. The other, McLean Village Exchange, is a collaborative body which will meet regularly to share knowledge and provide support for programs involving older adults and thus enhance livability for all age groups. The meetings will also help identify unmet needs of older adults and help facilitate their integration into a multi-generational community.

Publicity for McLean Senior Source was provided in part by the George Mason University's "Writing for Public Relations" class, taught by Dr. Katherine Rowan, who developed a complete marketing campaign for the Source, including a logo.

For more information about the McLean Senior Source or McLean Village Exchange please contact Renuka Chander at Renuka Chander at Renuka Chander MCVA@gmail.com or contact Jane Edmondson in Supervisor Foust's office at 703-356-0551, TTY 711 or by email at Jane.Edmondson@FairfaxCounty.gov.



Susy Rothschild, member of the MCVA Public Relations Committee and McLean Senior Source volunteer, demonstrates McLean Senior Source in action.



Cutting the ribbon were George Sachs, Executive Director of the McLean Community Center; Marilyn King, Director Chesterbrook Residences;, Jane Edmondson, Chief of Staff to Supervisor Foust; Courtney Nuzzo, Administrator Lewinsville Retirement Residences; Jerry Hopkins, Long-Term Coordinating Council; Cherie Lejeune; Marcia Twomey, President of Greater McLean Chamber of Commerce, Marshal Hyman, Board-member Chesterbrook Residents; and Reverend Emily Berman D'Andrea, Associate Minister Lewinsville Presbyterian Church (Photo credit: Alex McVeigh, Connection Newspapers)

McLean Community Center's 2013-2014 Governing Board Elected

Five McLean Community Center tax district residents have won (or have been re-elected) to seats on the McLean Community Center's **2013-2014 Governing Board**. The election was held at the McLean Day 2013 festival at Lewinsville Park. The Center is located at 1234 Ingleside Avenue.

The winners are:

- Adults, three-year terms: Paul Kohlenberger, Jay Howell (re-elected), and Dennis Findley
- Youth, one-year term: Langley High School area: Sudharsan Sriram
- Youth, one-year term: McLean High School area: Steven Pardo

The League of Women Voters acted as tellers. MCC Governing Board Elections and Nominations Committee Chairperson Craig Richardson presented the election results to Dranesville District Supervisor John W. Foust. The Fairfax County Board of Supervisors certified the results of the election at its June 5 board meeting.

For more information, call the Center at 703-790-0123, TTY: 711, or visit: www.mcleancenter.org.

Fairfax County Park Authority Installs Pimmit Stream Valley Trail Map Signs

Residents and public officials met on May 2 at Olney Road Park to officially dedicate 14 new trail map signs located along the Pimmit Run Stream Valley trail in Falls Church and McLean. Present at the ceremony were Dranesville District Supervisor John Foust, representatives from the Fairfax County Park Authority (FCPA) and representatives from the community organization, Fairfax Trails and Streams.

The 14 signs are made of aluminum and printed with weatherproof full-color images. The route marked by the signs extends approximately 5 miles along the stream valley trail and are posted at trail decision points beginning at Olney Road Park in Falls Church (southeast of the Dulles Toll Road) and extending northeast to Bryan Branch in McLean. Each sign features a large map of the trail in the vicinity of the sign, with a "YOU ARE HERE" designation and a smaller insert map showing the neighboring trail as it relates to the complete Pimmit Run Stream Valley trail.

Fairfax Trails and Streams, a regional volunteer trail advocacy organization, dedicated to trail maintenance, connectivity and development in Northern Virginia, initiated the project. The group's president, Bill Niedringhaus and former-president Ed Pickens worked

with Supervisor Foust's office and with Liz Cronauer, Trail Program Manager for the Fairfax County Park Authority, to determine the sign locations and arrange for the design, manufacture and installation of the signs.

For more information, please contact Julie Ide in the office of Supervisor Foust at 703-356-0551 or email <u>Julie.Ide@FairfaxCounty.gov</u>.



(Left to right) Fairfax Trails and Streams President Bill Niedringhaus and Former-President Ed Pickens; Supervisor John Foust; FCPA Trail Program Manager, Liz Cronauer; FCPA Area 1 Manager, Ed Busenlehner and FCPA Area 1 Parks/Mowing Manager, Beth Borostovik dedicate signs at May 2 ceremony, Olney Road Park, Falls Church.

Dranesville Photo Gallery



Herndon's HealthWorks
Grand Opening
Celebration on June 11
First Federally-funded Health
Care Clinic in Virginia



Dedicating the new facility were (left to right) Mark Ingrao, President and CEO of Greater Reston Chamber of Commerce; Patricia Harrison, Deputy County Executive,; Dranesville Supervisor John Foust; Hunter Mill Supervisor Cathy Hudgins; Tom Coughlin, President, HealthWorks Board of Directors; Debra Dever, HealthWorks CEO; Delegate Tom Rust; Carol Jameson, HealthWorks Associate CEO.

Supervisor Foust addresses the crowd at the opening of HealthWorks.

Mural Presented to Town of Herndon by Council for the Arts of Herndon



On April 24, Herndon Mayor Lisa Merkel cut a ribbon to formally accept a mural from the Council for the Arts of Herndon (CAH), while CAH President Michael O'Reilly, artist Keith Naquin and members of the Herndon Town Council looked on. The mural depicts historic downtown Herndon on a sunny spring day. Banner reproductions of the mural will be mounted in other town facilities as well. (*Photo credit: Adrian Morgan*)

April 22 Earth Day Celebration at Chesterbrook Elementary School

Ribbon Cut for Reconstructed Trail Stairway

Celebrating Earth Day and the opening of a reconstructed trail stairway on April 22 were (From left to right) Chesterbrook Elementary School Acting Assistant Principal, Naomi Sweet; Chesterbrook ES Principal, Robert Fuqua; Dranesville Supervisor, John Foust; Chester the Chesterbrook Mascot; Kevin Ginnerty, Director of Project Delivery for Hotlanes; and Amee Burgoyne, McLean Community Foundation. (Photo credit: Marion Meakem)



"Herndon Without Hunger" Event To Help Feed the Hungry

FAITH Social Services of Herndon sponsored their 9th Annual "Herndon without Hunger" event. Each year during Ramadan, FAITH Social Services collects donations and gives out food once a week for 4 weeks to residents of Herndon who are in need of some extra assistance in feeding their families.

Supervisor Foust is shown (right) helping to hand out food at the opening ceremony on July 11 at Herndon High School.



Recognitions

Herndon High School's Robotic Team 116 Competes in International Championship Event

Congratulations to the Herndon High School's Robotic Team 116, comprised of more than 70 students, faculty advisors and mentors, who recently participated in the FIRST International Championship competition in St. Louis at the end of April. The team's mobile robot is fed Frisbee-like disks that are shot at a series of targets.

To qualify for the international competition, the team had to first win a seed position at the Washington DC Regional Competition where it won the Regional Finalist Award and the Engineering Inspiration Award. One team member also won the Dean's List Award at the Regional competition.



The FIRST Robotics Competition exposes thousands of high school students to engineering and technology in a real world environment. The team brainstorms, designs, constructs and tests a life-sized operational robot.

Herndon High School Step Team Wins 2013 Youth Step USA National Championship

Congratulations to the Herndon High School Step Team for winning the 2013 Youth Step USA National Championship in late May in Harrisburg, Pa. The team of 24 boys and girls in grades 9-12 beat teams from around the country to capture the national title. Congratulations also to team coach, Gary Bushrod, who was named Coach of the Year.

Langley's Crew Teams Win State-wide Honors

Congratulations to the Langley High School crew teams for a very successful season. The Novice Men's eight-seat, won the Virginia State High School Crew Championship for their category on May 4 at the Ted Phoenix regatta. In addition, Four Langley crew teams took first place honors at the Virginia Scholastic Rowing Regatta

The Novice Men's eight-seat rowed in one of the most competitive. The men had to row twice, and their

morning heat was against some of the best boats in the state. With only two boats from each heat advancing, winning second in the heat was an accomplishment itself. With a strong start in the afternoon final, Langley took an early lead and maintained it, winning the 1500 meter race. Matt Fanny coached the successful team.

Crew teams also had outstanding performances at the May 11 Virginia
Scholastic Rowing Association championship regatta. Earning state championships were the Women's First Four team, the Women's Second Four team, the Women's Lightweight Four team and the Men's Junior Four team. The Men's First Four team won second place honors. Ashley Leake coached the women's teams and Mike Lehmann coached the men's teams.



The winning boat's rowers at the Virginia State High School Crew Championship were Wyatt Child, Laith Alsaif, Luke Bulkeley, Tony Lee, Sergei Stratos, Chris Rossberg, Patrick Muir, Tucker Grim, Justin Meeker.

Greater Mclean Chamber of Commerce Presents Annual Education Awards

Congratulations to the recipients of the Greater Mclean Chamber of Commerce's Annual Education Award. The awards, which honor students, staff and educators for their accomplishments and dedication, were presented at a ceremony on May 9.

This year's winners:

McLean High School

Employee of the Year: Christine Spaulding
Student of the Year: Ayesha Faisal
Teacher of the Year: Claire Silva

Langley High School

Employee of the Year: **Norma Jamsheed**Student of the Year: **Jackie Ryan**Teacher of the Year: **Jennifer Bonafide**

McLean Rotary Club presents 2013 Youth Service Awards

Congratulations to three local students who were honored by the McLean Rotary Club for their volunteer service in the community. The students were presented with the awards at a March 12 ceremony.

Award winners:

Jung Wook "James" Choi (McLean High School) for his volunteer service at the Milal Mission Association, the Samsung Hospital in Korea, through the Silent Outcry of Students.

Rebecca Pifer (Langley High School) for her volunteer service at Jill's House, Youth Inspire and the American Cancer Society's Entertainment Relay for Life.

Britt Nelson (Potomac School) for her volunteer service at the Potomac School's Community Service Club, and with the Culmore Safe Youth Program's Poder program.

Langley High School's Aimee Cho Named Virginia High School League's Journalist of the Year

Congratulations to Aimee Cho, recent graduate from Langley High School, who was named the Virginia High School League's 2013 Student Journalist of the Year and Charles Savedge Scholarship recipient.

Cho was the unanimous choice of the selection committee. She has been involved with high school journalism since her sophomore year in high school, when she became responsible for web content and 40 reporters as the online editor of Saxon Scope, the Langley High student newspaper.

McLean Citizens Association Presents Teen Character Awards

Congratulations to the eleven local area teenagers who were awarded the 2013 McLean Citizens Association Outstanding Character Award for Teenagers. The awards, presented at a ceremony held on May 18 at McLean Day, recognize teenagers who have contributed significantly to the welfare of family or community members.

Award Winners:

Jade Davis (McLean High School)

Will Davis (Langley High School)

Charlotte Heffelmire (McLean High School)

Bel Kelly-Russo (Langley High School)

Arjan Peters (McLean High School)

Azita Peters (McLean High School)

Anna Pope (Langley High School)

Time Tope (Eurigie) Tight School)

Alex Riddell (Langley High School)

Alex Soltany (St. Albans)

Cameron Thompson (Langley High School)

Ben Wang (Cooper Middle School)

Announcements

Police Stress Bicycle & Pedestrian Safety

The Traffic Division of the Operations Support Bureau and the Patrol Division of the Fairfax County Police Department urge motorists, cyclists, and pedestrians to be vigilant.

In Fairfax County, the number of cyclists involved in crashes increased from 85 in 2011 to 106 in 2012. So far in 2013, there have been 45 cyclists in crashes. An 18-month study of reportable bicycle crashes shows that at least a quarter of the bicyclists were not wearing reflective clothing at the time of the crash, five bicyclists were reported to have been drinking alcohol and about 44% were performing an improper action such as: operating on the wrong side of the road, failing to maintain proper control or disregarding a stop or yield sign. County police are working with private cycling groups around the region to increase public education efforts on bicycle safety issues.



The Fairfax County police department reports an increase in pedestrians involved in crashes as well. There were 201 in 2012; up from 185 in 2011. So far this year, there have been 98. Police urge pedestrians to learn more about safety issues at http://www.fairfaxcounty.gov/fcdot/pedestrian/pedsafety.htm.

To learn more about bicycle safety laws visit http://www.vdot.virginia.gov/programs/bk-laws.asp.

Take Care of Your Pets in the Heat

Fairfax County Animal Control Officers have responded to dozens of reports of animals in hot cars in recent weeks and urge pet owners to keep pets at home on hot days and to remember the following tips:



- Never leave pets in a parked car. On a warm day, temperatures can rapidly rise to dangerous levels. If you see an animal in distress in a parked car, contact police.
- Shade and water are vital to pets. Pet owners must provide adequate shelter protecting animals from injury, rain, sleet, snow, hail, direct sunlight, and adverse effects of heat or cold. A dog house in the backyard with no access to shade does not protect animals from sun.
- Limit exercise on hot days. Take care to adjust intensity and duration of exercise. Watch for shortness of breath and remember that asphalt gets very hot and can burn paws; walk your dog on the grass if possible.
- Recognize the symptoms of heat-related illnesses. If your pet shows signs such as heavy panting, glazed
 eyes, rapid heartbeat, vomiting, fever, dizziness, restlessness, excessive thirst and profuse salivation, contact your veterinarian immediately. Take steps to reduce the animal's body temperature; apply ice packs
 or cold towels to the head, neck and chest, provide water and ice cubes for hydration, and move the animal into the shade or air-conditioning.

For more information, please go to www.fairfaxcounty.gov/emergency/blog.